



2014 Paramedic Year in Review has been released!

We are very proud to release the 2014 Paramedic Year in Review! It has been quite the collaboration in order to achieve the finished publication with a ton of correspondence, long nights and organization; we have finally done it. We hope you enjoy this Year in Review as much as we have and we encourage your feedback and suggestions!



You are able to find the PDF version of the YIR by following this link:
www.OttawaParamedics.ca/YIR

Paramedic Hockey Tournament

The 2015 PPAO Hockey tournament was held on February 11th & 12th at the Richcraft Sensplex.

This event raised \$3,538.04 towards the Help Fund and Tour Paramedic Ride!

Kawartha Lakes Paramedics were the winners of the Pool "A" Division and Voyages Performa were the winners of the Pool "B" Division.

This event was a huge success as it always has been, and Martin Masse has done an amazing job organizing this event yet again and we can't wait until next year!

Check out the new Ottawa Paramedic NHL quality hockey jerseys.

From street corners to warm buildings, each amazing hockey jersey is named after our paramedic posts!



New Hockey Threads Named after Posts, #66 Innes-Blair!



The Team!

Hockey King Pin:
Martin Masse
hockey@OttawaParamedics.ca

Jeff McNeil Retires

National statistics indicate that only 4% of Canadian Paramedics make it to retirement and Jeff McNeil has beaten these odds.

Jeff left the Ottawa Paramedic Service on Friday January 30th with 31 years of excellent service. Jeff began his career in 1984 with St. Lawrence Ambulance Service and took on a supervisory role as a Primary Care Paramedic.

When the ambulance services in the region were amalgamated into Ottawa EMS back

in 2001, Jeff took on a logistics role and has supported paramedics and patients for the latter half of his career.

Since then, Jeff has played an integral role, often behind the scenes and has been responsible for much of the assets and logistics that make Ottawa Paramedic Service the organization that it is today.

Jeff indicated he will miss all of his colleagues in Logistics and the paramedics that he has worked with over the past 31 years. He sends his best wishes and plans to enjoy retirement to the fullest.



#PTSD & the Tema Conter Gala

The PPAO would like to thank Joanne & Frank McGregor for representing Ottawa Paramedics at the Tema Conter 14th Annual Heroes Tribute Gala.

Here are Frank & Joanne with Actor Enrico Colantoni (Flashpoint) who is an amazing supporter of 9-1-1 emergency workers and #PTSD awareness.



A Heart-warming Letter from Christie Lake Kids Supervisor and Coach to OttawaParamedics!

Every year the Christie Lake Kids Program has a STAR Cup and every year Ottawa Paramedics come and play a hockey game with our youth. This game means so much to the young people who are coached and mentored by Ottawa Paramedics!

These families do not have the resources to participate in hockey leagues or regular games. The STAR program gives participants a chance to develop ice skills, friendships, social flair and character.

Each year, the Christie Lake Kids Program gets to play an amazing game against people who our young folks can truly look up to. The kids were also very excited to wear the official Ottawa Paramedic Hockey Club jerseys!

Developing the whole person is so important to us that we added two "character" awards in recognition of Support, Trust and Teamwork. These are qualities that paramedics, as mentors and role models, certainly demonstrate in full.

We would like to once again recognize paramedics Jason Hubley, Brad Ross, Scott Besteman, Alex Blaga & Shawn Martel for their continued participation and support for the young people at Christie Lake Kids!

Sincerely,

Luwam Kidane

Christie Lake Kids- Program Supervisor

Randy Provost

Volunteer Head Coach



ST. Patty's Day Parade Ottawa

Never mind the weather, this year's St. Patrick's Day Parade had a huge turnout! Thank you to all of the Paramedics, Medvents and students from La Cité Collégiale & Algonquin College for volunteering your time to support this great parade in the nation's capital!



HELP Fund Made Simple – Donation at a Click

Based on member feedback, OttawaParamedics.ca now has a new 4-STEP feature to help you make a quick and easy monthly donation to the HELP Fund.

This is how it works:

- 1) LOGIN at www.OttawaParamedics.ca
- 2) Go to "Edit Your Personal Info"
- 3) Update your monthly HELP Fund amount
- 4) Authorize the "Pre-Authorized Payment Terms & Conditions"

The website retains a permanent legal record of your authorization and secure transaction.



SIGNING UP IS EASY!

For the equivalent of a few coffees a month, you can make a difference. Visit our website to find out more information and start helping today!

Starting as low as \$1/ Month*

Pre-authorized monthly debit payments make it seamless and easy to HELP.

SO LET'S HELP THOSE WHO ARE OUT THERE HELPING ALL OF US

613.244.0333 | helpfund@OttawaParamedics.ca

Based on member feedback, OttawaParamedics.ca now has a **new 4-STEP feature** to help you make a quick and easy monthly donation to the help fund.

HOW IT WORKS

1. **Login** at www.OttawaParamedics.ca.
2. **Go to** "Edit Your Personal Info"
3. **Update** your monthly HELP Fund amount
4. **Click** the check box after reading the "Pre-Authorized Payment Terms & Conditions" legal disclaimer

This website retains a permanent legal record of your authorization and secure transaction



North City and you!

Over 30 years of exceptional savings and service.



who's protecting you?

North City General Insurance Brokers has created a Group Home and Auto Insurance program with custom tailored group rates for Paramedics and Paramedic personnel.

Get to know us. Get a free quote and see how much our preferred group rates can save you each and every month. North City General Insurance Brokers have been serving insurance needs of Emergency service professionals since 1981

- Competitive group rates
- Superior service
- Interest-free monthly payment
- One stop claims service
- Person to person phone service
- Service provided by experienced professional insurance brokers



NORTH CITY
GENERAL INSURANCE BROKERS LTD.

Call us today and start saving. 1-888-892-7176

2175 Sheppard Avenue East, Suite 307, Willowdale, Ontario M2J 1W8 Telephone: (416) 225-6000 Toll Free 1-888-892-7176 Fax: (416) 225-6890

www.northcity.ca/groups/paramedic

